



Relay For Life Stockport 2011



2nd - 3rd July
Stockport Rugby Club, Headlands Road, Bramhall



Welcome From The Chair



Hello, and welcome to another Relay For Life Stockport. This year sees Stockport's 6th Relay, over which time our efforts have contributed over £200,000 in fundraising of one sort or another to Cancer Research UK, a fantastic effort from everyone involved.



At last years event, we had a record number of teams, a record number of team members, a record amount of cash raised for Cancer Research UK and a record number of donation bags sent in to Cancer Research UK shops. It really was a magnificent achievement, one of which Bruce and his committee should be incredibly proud. This year, that committee has seen a number of changes. After two years in the chair Bruce has stepped down and taken on another role whilst, after five years wonderful service to Stockport Relay For Life, Jayne Whittaker stepped down from the committee this year, along with Amy, Katy and Jonathan, to concentrate on their other fundraising for the charity. Jayne and Rob, who are on holiday this year, will be missed by everyone at this years event, whilst hopefully Amy, Jonathan, Katy and Tom – who are here as part of their Four Seasons team - can at least relax and enjoy the event without having too much to worry about. Thanks to all of them for their efforts over the years, without their hard work this event probably wouldn't exist at all.



Mel Commins
Entertainments Chair

A special thank you must go to this years committee, who have all worked incredibly hard to organise Relay 2011. Melanie, your entertainments chair and compere for the day, and Jo, your team chair and first point of committee contact, have both put in a fantastic effort to make the day a huge success. Joyce, Bruce, Sue and Di have all worked tirelessly on their own specialist areas over the past months. Sue will be kicking our event off with the survivorship ceremony at the start of Relay this year, whilst Joyce will once again be responsible for the Candle Of Hope ceremony at 10pm on Saturday evening. and Di has a number of exciting and interesting ways to increase your cancer awareness.



Sue Gaffney
Survivorship Chair



Jo Hill
Team Chair

Organising an event like this can be hard work, certainly, but it's also incredibly fulfilling and satisfying. If Stockport Relay For Life is to continue in the future we do need more volunteers for our committee, so can I ask you if you are interested and think you could help us out, in any way at all, please to talk to me either over the weekend of Relay or afterwards.



Joyce Commins
Candle Of Hope Chair



Bruce Smith
Logistics Chair



Dianne Bradley
Cancer Awareness Chair

Thanks to all of you – the team captains and team members – for all your efforts. Fundraising has been hard over the last year or so, everyone seems to have less spare cash at the end of the day, so it'll be a great achievement from all of you if we hit our fundraising targets for the year. I've heard stories about some brilliant events – bake sales, car boot trips, coffee mornings and paintballing to name just a few. A special mention I think for Rachel, captain of the To The Rescue team – scarcely a week has gone by without her announcing another great event for us. She'll also be organising the Relay ball – more details on that to follow after Relay.

Why do we hold a Relay For Life event? Obviously there are a number of reasons, and high amongst those is the simple fact that it's a lot of fun. Most people have a great time at Relay – most of those who come along for the first time enjoy themselves so much that they'll be back again and again. There's the chance to sit back and relax when you want to, get up and join in the fabulous entertainment on offer when you want to. Over the 24 hours of the event we put on a huge range of events – Relay's Got Talent, the Pub Quiz, Toddle Waddle, Children's Disco and many many more, something for everyone we think.

But of course Relay For Life is more than just a great fun filled festival of fun. The very first Relay for Life took place in 1985 in Washington when Dr. Gordon Klatt, a colorectal surgeon, walked around a track for 24 hours to raise money for his patients. Since then there have been thousands of Relay events across the world – and they've all raised fantastic amounts of money to help in the battle against cancer. Your efforts this year mean you're part of that fantastic worldwide fundraising effort.

Most of us have seen or experienced the devastating effects of cancer. Cancer Research UK needs your support for one simple reason: the work we do saves lives. Over 300,000 people in the UK are diagnosed with cancer each year. However, thanks to the work of Cancer Research UK and others, the chances of beating cancer are increasing all the time. In the early 1970's, the ten year survival rate for all cancers was about 20%. Now it's around 50% with some cancers much much higher than that; which goes to show that your magnificent efforts, your fantastic hard work and fundraising this year really can make a huge difference.

Enjoy Relay, hope the weather stays fine, keep safe and have a great time.

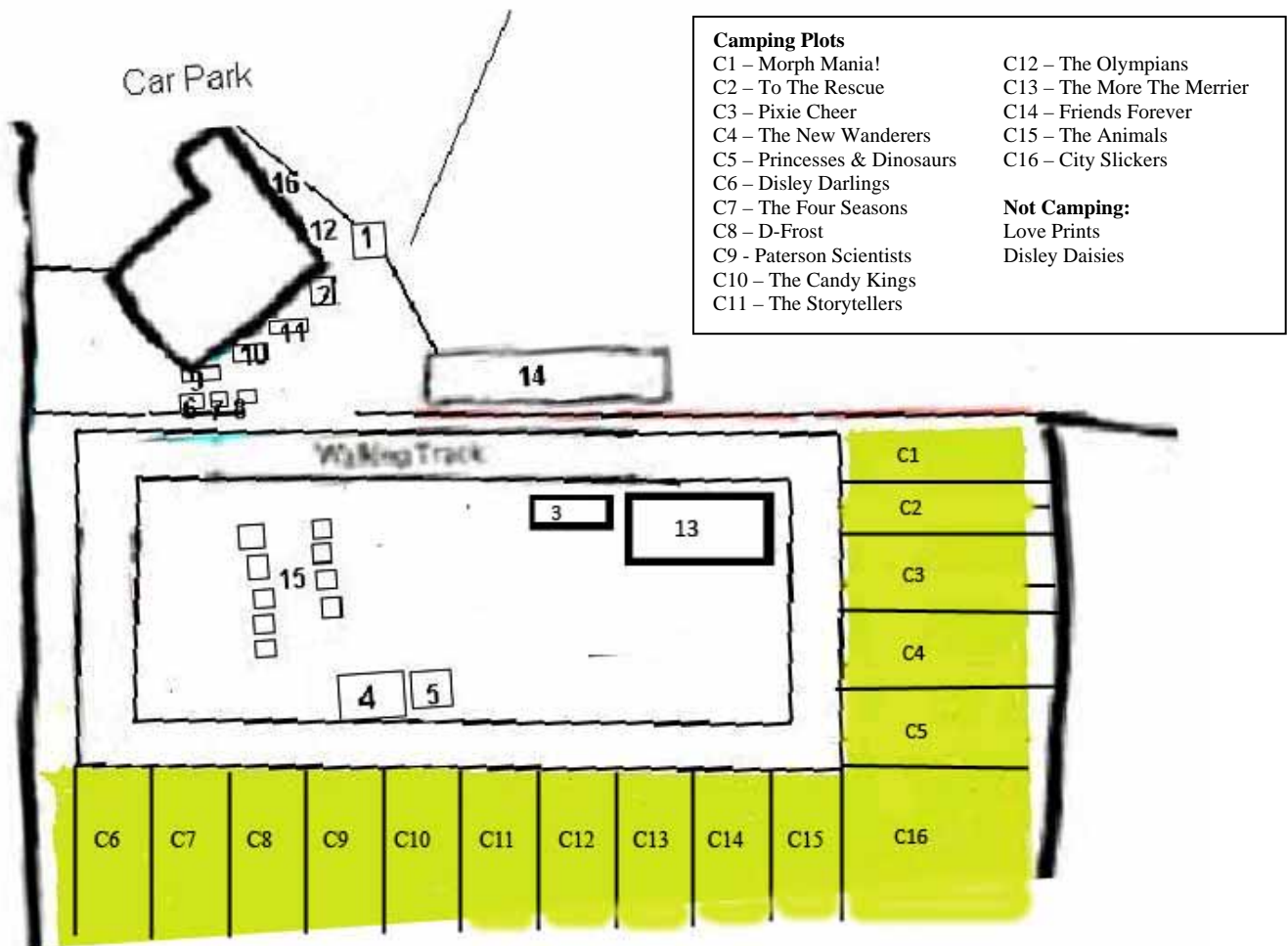
Best wishes



Neil Commins
Event Chair



Site Plan



TENTS

1 – Main Entrance / Committee Tent

Please come in and out of the site at this point. When you first arrive, please tell us who you are and collect your wrist band from us. If you have any problems at all during the 24 hours of Relay, you should be able to find a committee member on duty here at most times – and if we are away for any reason please call us on our mobile phones.

2 – Candle Of Hope Tent

The point at which you can drop off any completed Candle of Hope bags for the ceremony which takes place at 10pm. Please ensure all candle bags are dropped off here by 6:30pm at the latest. There will also be spare bags here and both space and materials with which to complete candle bags on the day. 11pm and 7am, complementary self service tea, coffee and soft drinks will be available from the Candle of Hope tent to registered members only.

3 – Reflection Tent

Following the opening ceremony and the Candle of Hope ceremony this area will be manned by volunteers by local churches, giving you a quiet place to sit, or someone to speak to if you want.

4 – Children's Tent

The place to be for all sorts of fun children's activities. Run by 'The Storytellers' those who were at Relay 2010 will remember this place as a hive of activity and a place for kids to join in all sorts of great things. Same again this year. There will be a charge for children's tent activities for non registered visitors.

5 – Disco Tent

Home to the children's disco at 7pm and the dance class (tbc). Note that both these events are free to any registered member, but anyone who is not registered will have to pay for them.

FOOD AND DRINK

6 – Baked Potato van

Baked potatoes available to purchase from 3pm to 7:30pm on Saturday

7 – Coffee van

Coffee and sandwiches available to purchase from 12:30 to 4:30 on Saturday and 7am to 9am on Sunday.

8 – Ice Cream van

Ice creams are available to purchase from the van between 12:30 and 4:30 on Saturday.

9 – Cream Teas

Cream teas available to purchase from the stall between 2pm and 4pm on Saturday.

10 – BBQ

Saturday – 2-3pm, 6-8pm

Breakfasts served 7am to 9am on Sunday morning.

11 – Outside Bar

Alcoholic drinks are available from the outside bar 12 noon to 10pm on Saturday.

12 – Steps to inside bar

The inside bar will also sell alcoholic drinks, plus soft drinks and be open until 10pm on Saturday.

ENTERTAINMENTS

13 – Main Entertainments Marquee

See the main noticeboard by the side of the stage for updates to the entertainments schedule. The entertainments marquee will be home to the survivors reception immediately following the opening ceremony, where all our cancer survivors are given the VIP treatment. Following that, we have a Zumba class booked in for 2:30pm and the Candle Of Hope ceremony will take place here at 10pm.

14 – Stage

Relay kicks off with the opening ceremony on stage at 12 noon on Saturday 2nd July which will include live music and the survivor ceremony. The stage will also be home to the 'Relay's Got Talent' show at 3:30pm and more live music at 8:30pm. On Sunday morning, Wake Up With Morphs will feature everyones favourite spandex bodysuited combo at 8am and another live act – The Reform Band who will be playing on stage at 10:30am. The big prize draw, where you can all win stuff, takes place here at 11:30am, just before our magnificent closing ceremony.

15 – Team stalls

Many of our wonderful teams will be putting on their own stalls – including a toy sale, book sale, sweet shop, tombola and more - please visit and support them!

TOILETS

16 – Toilets

RUGBY CLUB RULES

Stockport Rugby club have asked that you adhere to a few simple rules when on the site.

1. No bbq's or fires – they damage the newly laid pitch and are also dangerous.
2. No glasses or glass bottles – broken glass left on the field would be extremely dangerous to rugby players
3. The rugby clubs bar licence does not allow for you to bring your own alcohol to the venue
4. No smoking anywhere on the site.

RISK STATEMENT

Cancer Research UK takes all reasonable steps to minimise the risk of injury to participants during fundraising events. There is a stringent risk assessment process in place for each and every event which aims to minimise or eliminate the risk to everyone taking part. However, by taking part in this event, you acknowledge that there may be conditions or circumstances beyond our control that can lead to unforeseen risks. If you have any concerns or queries please contact us before agreeing to take part in this event.

Rules Of Relay



The rules listed below are designed to protect you as a supporter and the monies that you have worked so hard to raise for Cancer Research UK. Please take some time to carefully read and understand them, following these rules ensures that you spend an enjoyable weekend in an environment that is both comfortable and safe.

Upon entering a Relay For Life, all participants must agree to abide to the following rules:

1. All participants enter this event entirely at their own risk and Cancer Research UK shall not be liable for any injury or loss that might occur as a result of their participation, except as a result of Cancer Research UK's negligence.
2. Participants and volunteers under 18 years must be accompanied and supervised by a responsible adult at all times. We can take no responsibility for under 18's on the day.
3. By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during their participation in Relay For Life to be used to publicise Relay For Life and Cancer Research UK generally including online publicity and television broadcasts.
4. Any participant unsure of their physical ability to take part in Relay For Life should take medical advice from a general practitioner prior to the event. Although Relay For Life is not a challenge event, team members should bring any health problems or medications to the attention of the organising committee via their team captain prior to the event.
5. In the case of emergency Cancer Research UK may use the data provided by you to contact your home or office.
6. You have a legal responsibility to ensure that all donations / monies received or raised in any way by you for Relay For Life are paid to Cancer Research UK through your Relay Committee.
7. All team captains and members must submit their team registration form and fee (£15 for members aged 18-60, £10 for 60 and over and £5 for under-18s) when they register online or via the hotline number. This secures the team's pitch and use of facilities at the event. This payment does go to help Cancer Research UK's vital work and will be included in your fundraising total. The location of the pitch is at the discretion of the Relay Committee. Please camp in the location selected for your team (team names will be marked around the track).
8. There is no 'on the day' entry for Relay For Life teams. It is the responsibility of the team captain to ensure all team members have registered online or by phone in advance of the event. Anyone who won't register is really only cheating the charity. We will issue wristbands on the day to those who are registered – and whilst those who aren't registered will be welcomed and we hope they'll enjoy the event, they will not be allowed to camp.
9. The Relay For Life team registration fee is not refundable unless the event is cancelled.
10. It is the responsibility of the team captain to ensure that all consents have been given and returned to the Relay Committee.
11. Cancer Research UK Relay For Life is a tobacco free environment. Smoking is strictly forbidden in any public area of the Relay event.
12. Relay For Life is a family event and alcohol should be consumed only in moderation. Anyone behaving inappropriately or in a manner such as to cause disturbance or annoyance to other guests or participants will be asked to leave.
13. A range of food and drink will be available to buy on site. For safety reasons, free hot drinks will only be available from the Candle Of Hope tent between 11:30pm and 7am.
14. No BBQ's anywhere on the grass, even on bricks or in raised barbeques. Anyone failing to comply with this will be evicted from the site. For health and safety reasons please do not cook or smoke in any other area, remember that tents are flammable! Be careful. No fires of any sort around the site.
15. Take your rubbish home. We do not have garbage facilities on site, so please please remember to bring a bin bag with you, and take home your rubbish at the end of the weekend.

What Is Going On ...



It's going to be a hectic 24 hours – with so much going on that you might find it impossible to keep up. Here's a helpful little guide. Remember events can sometimes change – look out for the noticeboard at the side of the stage which may be updated if there are any slight alterations.

Saturday

12 noon	Opening Ceremony	Stage
1pm	Toddle Waddle	Track
2:30pm	Zumba	Central Marquee
3:30	Relay's Got Talent	Stage
5pm	Live Music – Al	Stage
6pm	Pub Quiz	Bar
7pm	Children's Disco	Disco Tent
7:15pm	The Human Fruit Machine	Stage
8:45pm	Live Music – Maria & Tracey	Stage
10pm	Candle of Hope Service	Central Marquee
3am	Play Your Cards Wrong	Stage

There will also be many many stalls and activities at Relay For Life 2011. Here are just some of them:
 Children's Tent
 Moshi Monster/Match Attax swap stall
 Toy Stall
 Book Stall
 Bottle tombola
 Handmade scarf sale
 Indian head and back massage
 Lucky dip
 Cup cakes
 Coconut shie
 Penalty shootout
 DNA extraction
 and not forgetting the bouncy Bouncy Castle

Sunday

9am	Wake Up With Morphs	Stage
10:30am	Live Music – The Reform Band	Stage
11:30am	Prize Draw	Stage
11:45am	Closing Ceremony	Stage

Themed Laps

Occasionally during the weekend, there will be 'Cancer Awareness Laps'. At these points, we invite everyone – all team members and visitors - on to the track to walk a lap with a special theme. These will be:

1:30pm	Cancer Awareness Posters Everyone on the track will be asked to display a cancer awareness poster somewhere around the track. Team members can design their own posters on any cancer awareness theme (eg. 'NO SMOKING' or 'DON'T FORGET YOUR SUNCREAM') but we'll have plenty available to hand out if you don't.
5:00pm	Skin Cancer Awareness Lap Bring along your sun hats, decorated umbrella/parasols, paint your faces up sun cream style- hopefully it'll be warm enough that you'll actually be wearing some for real. The wackier the better – prizes for the ones that make us laugh the most!
8:15pm	Breast Cancer Awareness Lap Time to put on your bra and dance the skin cancer awareness lap. Again we welcome those of you (men and women!) who want to decorate bras for this special lap – prizes for the best.
12 midnight	Midnight Madness – Baggy Trousers Lap The testicular cancer awareness lap – put on your themed boxer shorts and join us for this very special lap of the track

Thank You



Relay For Life could not take place without the help of many wonderful people. We would like to thank...

Stockport Rugby Club, Offerton Sand & Gravel, Lakeland, Toys R Us, Flair, Robinsons Brewery, Molten Brown, David Bratt & Sons Haulage, The Ladybrook Singers, Goodness Direct, Sweet Thoughts, Stockport Action For Voluntary Youth, Glow Mania, Cestrian Digital Imaging, Malcolm Bennett, Simon Dunn Chocolates, Toys and Tales Bramhall, Indulgence Bramhall, Jane Barnes, Alexandra Worsley, Sweet Thought Bramhall, Corrys Butchers Bramhall, Belluga Bramhall, Wright Hire Marple, Rope Race, Delta Telecom, All Saints Church

And everyone else who has helped us out. A special thanks once again to all our teams, registered team members, survivors and everyone else who turned up on the day to find out what this Relay For Life thing is all about.